Waukesha County UW Extension Farmers Market Fresh

Pumpkin Cloverleaf Rolls

Ingredients:

6 tablespoon, melted and divided

2 teaspoon active dry yeast

1/3 cup warm milk

1 tablespoon honey or sugar

2 3/4 cups all-purpose flour

1 ½ teaspoon salt

1/3 cup mashed pumpkin

2 eggs

1 tablespoon water

Makes 1 dozen



Directions:

- 1. Stir together yeast, warm milk, and honey in a large bowl. Let stand until foamy, about 5 minutes.
- 2. Mix flour, pumpkin, 1 egg, and 5 tablespoons butter into yeast mixture with a wooden spoon or mixer until a soft dough forms. Turn dough onto a floured surface and knead. Add enough additional flour to keep dough from sticking.
- 3. Put dough in a large oiled bowl. Turn dough to coat. Cover dough with plastic wrap. Allow to rise in a draft-free place at warm temperature until doubled, 1½ to 2 hours.
- 4. Punch dough down and divide in half. Divide each half into six equal pieces. Divide each piece into thirds to make cloverleaf.
- 5. Grease muffin tins with 1 tablespoon butter. Place one cloverleaf into each muffin cup. Allow dough to rise to about 1 inch about rim of muffin cups, 1 to $1\frac{1}{2}$ hours.
- 6. Preheat oven to 3750 F.
- 7. Whisk remaining egg and 1 tablespoon water together. Brush tops of rolls. Bake until golden brown, about 20 minutes. Remove from pans and place on a wire rack to cool.



This recipe was modified from University of Nebraska–Lincoln Extension.